

# Building Connections - Chinese Parenting Group

## 心连心

### 家长小组

#### 有效和子女沟通要诀

这个家长辅导小组会提供一段自我体验的历程，改善华裔移民家长与孩子沟通的技巧，发展和提高和谐处理家庭冲突的信心和技巧，进而享受健康家庭沟通的乐趣。

Join our Building Connections Parenting Group (facilitated in Chinese) to:

- learn ways to understand and communicate with your children
- learn skills to reduce conflicts at home
- and increase your tools and strategies as parents in a supportive group environment

#### 日期 / WHEN

10月7日 - 12月16日 (每星期三)  
Oct 7 - Dec 16, 2020 (Wednesdays)  
10周 / weeks

#### 时间 / TIME

上午 10 am - 12 pm

#### 地点 / WHERE

网上视频会议  
Online

#### 报名 / REGISTER

必须9月23前报名，通过面谈取录  
Please register by Sept 23rd

Ginny Wong

☎ : 236-982-9858

✉ : wong@familyservices.bc.ca



### Questions/More Info?

Email: [intake@familyservices.bc.ca](mailto:intake@familyservices.bc.ca) Call: 604.988.5281 ext. 226



@familyservicesofthenorthshore



@fsnorthshore

203-1111 Lonsdale Ave.,  
North Vancouver, BC  
Tel: 604.988.5281

[www.familyservices.bc.ca](http://www.familyservices.bc.ca)



Family  
Services  
NORTH SHORE  
Changing lives together