

# 家庭溝通樂 (粵語講座, 國語翻譯)

ADULTS

## Building Family Strengths: Effective Communication Skills

In Cantonese with Mandarin Translation

THURSDAY, FEBRUARY 9,  
10:00 AM - 12:00 PM

Brighthouse Branch,  
Special Collections Room,  
registration required



<http://activitiesforsmartkids.com/home-activities>

夫妻好溝通,孩子易話為。這個座談會主要為華裔移民的家長籌組,目的與參加者一起探討和諧家庭的妙方,並提供一段自我體驗的歷程。你會嘗試學習夫妻相處之道、改善與孩子溝通的技巧、發展及提高處理矛盾甚至衝突的信心和技巧,進而享受移民生活的樂趣。

- An experiential workshop for immigrants to discover your family strengths
- Learn ways to communicate effectively as couples and with children
- Discover different ways to strength family relationships
- Explore new ways to handle conflicts.

黃鳳萍是個輔導學碩士學位的卑詩省註冊臨床輔導員,曾以社區社工身份為新移民及難民申報者服務超過廿十年。她為個人、夫婦及家庭提供不同的服務,包括心理教育工作坊、治療小組及個人輔導等。

Ginny Wong is a registered clinical counsellor with a Master's Degree in Counselling, with over 20 years of experience as a community-based social worker serving immigrants and refugee claimants in Metro Vancouver.

For more details, visit [yourlibrary.ca/events](http://yourlibrary.ca/events), call 604.231.6462 or talk to a staff member.